

## Dr. Sareen Hair Clinic in Chandigarh Now

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✘kulbir kalsi, INVC, Chandigarh ,, Dr. Sareen Hair Clinic opened its first hair transplant centre in SCO-9, Sector-26, Madhya Marg, Chandigarh this summers. With this centre, Sareen Hair Clinic, which was a pioneer of sort in hair transplantation in India, is aiming at a large untouched population of this huge country. "Conventionally, the hair transplant is considered to be the obsession of elite class and therefore all the major hair clinics are situated in big metro cities like Delhi and Mumbai. But over the past few years this notion has undergone a rapid change with the people from the cities like Chandigarh, Dehradun, Jaipur going to big cities for getting hair treatment. It was this change in long established stereotypes that led us to open our centre in cities like Chandigarh and Dehradun" said Dr. Sareen, Hair Transplant Surgeon at Dr Sareen Hair Clinic. Asked about why she chose Chandigarh to open the centre, Dr. Sareen said, "being in the vicinity of Delhi, every month we see a large number of patients from Chandigarh. Many of them also demanded to open a centre there so that they don't need to travel to Delhi every time they need any kind of hair treatment. This prompted us to open our centre in the city." Dr Sareen added that, "One of the causes that People in Chandigarh suffer hair loss is that they love to savour high-protein diet like milk products, butter, dry fruits and many more but they are unaware that excessive protein consumption is a leading cause of hair loss. In fact an increased level of protein in your body can affect your hair growth, paving the way for problems including hair loss and hair thinning or shedding. According to Dr Sareen, "Gone are the days when receding hairlines or baldness was considered as a natural phenomenon and people would accept it without giving much thought to its possible implications on their overall personality. With today's generation getting more conscious about their look and appearance a receding hairline make them extremely apprehensive, prompting them to opt for some permanent solution to the problem. Undoubtedly a thick layer of hair on your head adds confidence to your personality while making you stand out in the crowd"

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