

Dr. Meenu Walia & Aromatherapist Dr. Blossom Kochhar celebrates the Cancer Awareness Week

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An Afternoon was hosted by Blossom Kochhar in association with Grameen Sneh Foundation to celebrate the cancer awareness week. The session which took place at The Tea Room over a special organic menu, explored on the positive effects of Aromatherapy on the mind and body and how complimentary alternative therapies help in cancer care. The Panelists comprised of Oncologist Dr. Meenu Walia, Aromatherapist Dr. Blossom Kochhar, Sneha Routray, Cancer Survivor and President Grameen Sneh Foundation. Some of the esteemed guests at the event were Kathak Dancer Shovana Narayan, Fitness expert Vesna Jacob, Tarot card reader Poonam Sethi, Singer Priyanka Goyat, Fashion Designer Payal Sethi, Designer Preeti Ghai, Entrepreneur Ruchiekka Krishnani and the cancer survivors. Dr. Meenu Walia said "Aromatherapy is a therapy that helps patients cope with chronic pain, nausea, stress and depression, each oil is promoted to have specific health benefits. It is very important for cancer patients to know about these complimentary therapies also to discuss with oncologist about its right use". Dr. Blossom Kochhar said "Cancer does not signify physical pain only. It also does affect the psychological being of a person. Aromatherapy helps in providing a relief from the after effects of chemotherapy. It helps in bringing about a mind, body and soul synergy thus creating a holistic well being for the patient. Aromatherapy helps in uplifting the spirits of cancer patients and help in paving the way for healing the aftermath of the disease and its treatment. About Dr. Meenu Walia- Dr. Meenu Walia, a renowned cancer specialist is the first DNB Medical Oncologist of India, presently is the Director of Max Oncology Centre at the Max Hospital, Patparganj in New Delhi. She is the principal investigator for various global researches. About Dr. Blossom Kochhar - A clear visionary, way ahead of her time, Dr. Blossom Kochhar is the founder of The Blossom Kochhar Group of Companies. Within the beauty industry Dr. Kochhar is considered a pioneer as she has been practicing and researching the science of 'Aromatherapy and Herbalisim' well over 25 years. This knowledge has led to the manufacture of her own range of aromatherapy based skincare and beauty products under the brand name 'Blossom Kochhar Aroma Magic'. As the Chairperson of Blossom Kochhar Group of Companies, her name is synonymous with successful brands - Blossom Kochhar Aroma Magic, and Blossom Kochhar College of Creative Arts & Design (BKCCAD). The partners for the afternoon were Blossom Kochhar Aroma Magic, Hospitality partner The Tea Room by Blossom Kochhar, Grameen Sneh foundation (Hausla - fight against cancer 2016), and Magazine Partner Mother & Baby.

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